

Congratulations !!!

The strike is over and you are going back to work! This is great, but you may be wondering how to adjust from having been a participant in a lengthy strike that high lighted the wrongdoings of your employer and witnessing colleagues who crossed your picket line and made your struggle even more difficult. The following are some tips to help you make the transition back to a work environment where you will have to work with people you no longer respect.

DO

- Keep your emotions under control
- Have conversations relating to the job you have to do in cooperation
- Respond to questions relating to the job
- Choose the people you wish to socialize with for meals and after work
- Remember there are many of you who feel the same way
- Develop the friendships you have made with other members
- Attend your Local meetings and participate in the decisions of your Union
- Report any incidents of people antagonising you to the employer
- Use your collective agreement

DO NOT

- Call anyone names
- Let anyone make you so angry that you loose your temper
- Threaten anyone

Remember, you have the respect of many and by maintaining a professional environment at work you show by example how strong you really are, be proud and hold your head high.

Together You Won!!!